**Our Vision:**

to have Happier Children through Healthier Parenting

for a more Prosperous Society.

**Our Mission:**

to improve family well-being through

prevention, support and therapy

P R E V E N T I O N is addressed through a number of events:

*annually*

* an international experts’ seminar on Changes for Family Wellbeing
* a 17-day awareness campaign on family violence and the need of children to have healthier parenting, organized during the Christmas month when families with difficulties feel the suffering even more. We visit different locations such as Parliament, Local Councils and Parish Centres.

*occasionally*

* recommending changes in the family law, training of professionals on early detection of child psychological abuse and the need for early intervention.
* group fun activities for all, such as sports, lunch, dinner, BBQs, visits to parks
* solidarity vigils

*weekly*

* Producing and Presenting radio programmes on Malta Public Broadcasting Services

(free of charge):

* courses in parenting skills
* art and music sessions for students who have to stay afterschool hours at school
* art sessions and competitions for students with limited opportunities
* crafts club for grandparents, parents, youths and children

S U P P O R T is offered to parents and children in difficult situations through:

* weekly group empowerment sessions supported by legal and social care professionals
* one to one support and follow-up sessions
* provision of food and other essential items

T H E R A P Y is made available through:

* one-to-one & group counselling
* one-to-one & group psychotherapy sessions

P L A N N I N G A H E A D 2024, 2025, 2026

Enhancing on the above initiatives and introducing:

* activity-based therapy programmes
* re-unification therapy amongst others

(proven to have a success rate of over 90%)

* psychiatric consultation sessions
* training on planning to have a family; co-parenting; harmonious relationships.

Following our 5 year experience working in the field of Family Wellbeing, an increased number of professional support sessions are envisaged to be needed. The Psychological and the Legal Guidance sessions cost Eur50 per each 1 hour session. The Psychiatric sessions consultations cost Eur75 per session.

Happy Parenting – Malta (For Happier Children) caters for Malta and Gozo.

Group Therapy Sessions 104 hours per annum @ Eur 50 5,200

Group Legal Guidance Sessions 104 hours per annum @ Eur 50 5,200

Psychiatric Consultations Sessions average weekly 3,900

Psychological Sessions 104 hours per annum @ Eur 50 5,200

Mary Gauci

President

Happy Parenting – Malta (For Happier Children)

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