



Word-Check

Youth for Media Literacy and against Hateful Behaviors



This Youth Exchange aims at empowering young people by fostering critical thinking, fact-checking the media they consume, and recognizing and working against hateful behaviors, being it on media platforms or not.

8th-17th July
Oščadnica, Slovakia



supported by



STATUS **M**



PROJECT SUMMARY

This project consists of a youth exchange on the topic of hate speech and social media literacy, with focus on intersectional anti-discrimination and queer positivity. It takes place in Slovakia, followed by an online meeting.

This project is developed within the framework of Key Action (KA152), which supports organizations and groups of young people in carrying out Youth Exchanges, bringing together young people from different countries to exchange experiences and learn outside their formal educational systems. The project language is English.

The group will include 5 participants per country (4+1 team leader) from Italy, Belgium, Portugal, Romania, Croatia, and Armenia. There will be 3 Slovak participants + 2 team leaders. The project will take place from July 9th to July 16th, with travel days on July 8th and 17th. Boarding and lodging are fully covered, and the journey to and from the venue is covered up to the maximum reimbursement.

THE YOUTH EXCHANGE

Our main focus is to empower participants with tools and knowledge to critically evaluate media, get to know more about hate speech and how to prevent it. We aim at distinguishing accurate information from misinformation through fact-checking and at defining and combating hate speech.

The key objectives are:

- Spreading awareness and fostering critical thinking towards hateful discourses in the media,
- Exploring different aspects of hate speech and related laws,
- Understanding the impact of media on societal narratives,
- Engaging in cultural diversity exploration, enhancing the understanding of different cultures,
- Learning project-related vocabulary,
- Empowering participants to bring about positive changes in their communities.



OUR GOALS

Our main goal is to introduce and explain hate speech and media literacy terms in youth work, incorporating buzzwords during the exchange. The participants will joint forces to create a virtual dictionary and materials, such as posts and reels, for visibility on the topics of the project. The content will be shared and posted on SALTO.

Additionally, we aim to create an online library post-project, showcasing examples of hate speech and misinformation to combat their spread on public platforms.

A follow-up meeting, lasting just over an hour, will assess the program's impact on participants and discuss outcomes, contributing to refining future initiatives and sustaining positive exchange influences.

PARTICIPANTS' PROFILE

- Citizens from or residing in Italy, Belgium, Armenia, Romania, Portugal, Slovakia, Croatia
- 18- to 26-year-olds (exceptions may occur)
- People of different English levels are welcome
- **People with fewer opportunities and NEETs* have priority**
- People that are motivated to expand their knowledge on hate speech and media literacy
- People that are interested in ways to combat hate-speech in their communities
- Previous Erasmus+ experience not required!

*NEET: Young people who are not in education, employment or training



ABOUT THE PROJECT ORGANIZERS

SYTEV

SYTEV is an independent, non-governmental organization focused on the recovery of society through charity and learning-education activity by introducing moral values.

The aim of the organization is to support and develop activities at the local, national, and international levels in the area of non-formal education. These activities utilize free time, cultural-social activities, and volunteering practices for the public, fostering communities and networks of youth. The organization also focuses on addressing the needs and requirements of individuals, encouraging their engagement in public life



TRINAQUEERIA

Trinaqueeria is a non-governmental organization based in Niscemi, south-eastern Sicily, founded in 2023 out of a great desire for socio-cultural development among young people from Niscemi and the surrounding areas, with particular emphasis on the understanding and safeguarding of human rights in Sicily and in the rest of the world, as well as on the support of youth with fewer opportunities.

Trinaqueeria carries out social work through volunteering projects, solidarity projects, cultural exchanges and trainings, to mention a few, such as the Erasmus+ and European Solidarity Corps opportunities offered by the European Union. We are constantly in the loop and willing to give visibility and opportunities to young people from southern Italian towns, particularly Sicilian ones.



MEET THE TRAINERS



Andrea Antonio Orlandi
(he/they),  

Trainer, facilitator, youth worker, founder and project manager at Trinaqueeria, human rights activist, social justice enthusiast, traveller and polyglot.



Marina Mlakar
(she/her), 

Queer and reproductive rights activist, journalist, school educator on non-violence, gender justice and care. Member of Zagreb's Youth City Council and founder of her faculty's queer initiative.



Diogo May
(he/him), 

President of the Council of Y4C-Youth For Change, facilitator of over 150 NFE sessions, mostly on politics, fake news, and online security.



Anahit Babkenian
(she/her), 

Youth worker, facilitator, trainer, Young European Ambassador, activist and co-founder of Y-PEER Armenia, known for her impactful contributions to Armenian youth development projects.



Yasin D. Bulat
(he/him),  

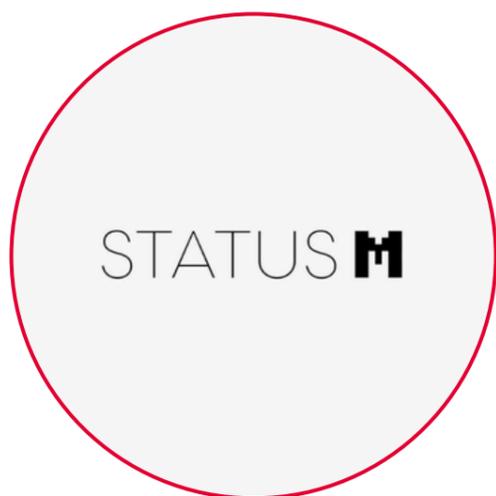
Program lead, facilitator, trainer on youth participation, human rights, peace and dialogue, Conscientização supporter and Educational Activities Assistant at EEE-YFU.



Funded by
the European Union



MEET THE PROJECT PARTNERS



Status M, 

Zagreb-based, Status M works in schools, prisons and with fathers with the aim of creating an inclusive, non-violent society and preventing gender-based violence through education of boys and men.



Y4C-Youth For Change, 

Lisbon-based non-profit, non-partisan association of youth, working on education for active citizenship and political literacy in schools and raising awareness on European issues.



Y-PEER Armenia, 

Network of peer education and youth empowerment providing young people knowledge to address sexual and reproductive health, HIV/AIDS prevention, gender equality, and human rights.



YFU - Youth For Understanding, 

International non-profit organization advancing intercultural understanding and mutual respect through transformational educational exchanges for generations of youth, families, and communities.



Asociația Empower Plus, 

Association aiming at promoting equal opportunities, ecology, digitalization in education, social and intercultural competences, art to develop creativity and innovation, and sports as a tool for diversity and equality.



SLOVAKIA

Slovakia is situated in the heart of Europe, bordered by the Czech Republic, Poland, Ukraine, Hungary, and Austria. The capital of Slovakia is Bratislava, which is also the biggest



city! Other major cities are Košice, Prešov, Žilina, and Nitra. Slovakia is part of the Eurozone and **adopted the euro (EUR)** as its official currency in 2009. Slovakia was part of Czechoslovakia until the peaceful dissolution of the federation in 1993, leading to the establishment of the independent Slovak Republic. The country is historically influenced by the Hungarians, Austrians and Ottomans, and benefits from a rich, individual culture.

THE VENUE - OŠČADNICA

Oščadnica is an important spot for summer and winter tourism in Slovakia, situated under the massif of Velká Rača– the highest peak of the Kysuce region. Its calvary with a stone church overlooking the centre of the village was built by the village inhabitants in gratitude for protection during World War II. Together with the Oščadnica manor house, it constitutes one of the main highlights of the area. The youth exchange will take place at Hotel Bocy, close to hiking and skiing destinations.



THE ACCOMMODATION - HOTEL BOCY



Hotel Bocy is located in the heart of the ski station Snow Paradise-Velká Rača, in Oščadnica, and offers a pleasant and all-encompassing stay to its visitors. The participants will be accommodated in **rooms of 2-3-4 people, with single beds and a private bathroom per room (hygiene products like shampoos, toothpaste and shower gel NOT provided). Towels and bedsheets are provided.** There are 2 hairdryers among the rooms and one at the reception - if you need it, it's better to bring your own one. **Each room will host people from different countries in order to boost intercultural exchanges. Gender-wise, the participants will be sharing the room with the genders they feel comfortable with (same gender or any).** The hotel has **Wi-Fi** - however, since we will be in the middle of the mountains, **the connection might be a bit weak**, especially if everybody is connected at once. In virtue of this, make sure to have data or engage in a digital detox. **Smoking/vaping indoors is forbidden - there is a smoking area** right in front of the main entrance. The main dining area is inside, but there are 2 tables on the porch you can use to dine. If needed, the organizers can set up a **laundry day** for the participants to wash their clothes. The participants will be served **3 meals** (breakfast, lunch and dinner) and **2 coffee breaks per day** between the 9th and the 16th of July. On the **8th evening** we will have **dinner all together** and on the **17th breakfast will be provided**. In case somebody arrives later or leaves earlier, packed dinner/breakfast will be available.



Funded by
the European Union



HOW TO REACH THE VENUE

If you're coming by plane, the main airports of reference are, in order of convenience, **Bratislava, Vienna, Kraków, Prague**. Exceptionally, you can also land in Budapest.

If you're coming by train/bus, the main stations of reference are, in order of convenience, **Žilina, Bratislava, Vienna, Kraków/Katowice**. Exceptionally, you can also travel to Prague or Budapest.

If you're coming through carpooling, please come directly to Hotel Bocy in Oščadnica (there are a lot of parking spots next to the hotel).



Žilina train station



Čadca train and bus station



Way bus stop-hotel

1. Regardless of where you're headed to, if you're not carpooling **you have to take a train/bus to Žilina**. Flixbus, Trainline, and Busbud are helpful sites to find your train/bus.
2. From Žilina, **buy your train ticket to Čadca** at the ticket office inside the station or through this site: <https://www.zssk.sk/en/>. Beware: **you can't buy the ticket on the train!**
3. Finally, take the **bus 221/222 to Oščadnica, Laliky** from **platform 2**. Čadca bus station and train station are next to each other. You will **buy the ticket from the driver**. The cost is **2EUR** and **only cash** is accepted.
4. From there, **walk to the hotel** (around 15 minutes).

ARRIVAL TIME: JULY 8TH, 12-6PM CET (LATEST)

DEPARTURE TIME: JULY 17TH, 10AM CET (LATEST)

TRAVEL REIMBURSEMENT

If you're from **Slovakia, Romania, Croatia or Belgium**, you will come with either **train, bus, or carpooling**.

If you're from **Italy, Portugal, or Armenia**, you will come by **plane**.

ONLY THE CHEAPEST AND MOST CONVENIENT FARES WILL BE ELIGIBLE FOR REIMBURSEMENT.

Extras such as selected seats, meals on board, parking spots, 1st class tickets, and so on will NOT be reimbursed. 1 hand luggage per person is allowed. **TAXI RIDES** (Bolt and Uber included) are permitted only if you prove that they are the only option.

To get your reimbursement, **you need to provide us your travel documents** that show **the price in the original currency, the way from/to, the date of purchase and travel, and your name**. These documents have to be organized and prepared before the project starts with the help of your team leader, and they will be checked during the final days of the project. You will also be asked to fill in a form with your travel expenses.

For this:

PLEASE SAVE ALL YOUR TICKETS, BOOKING CONFIRMATIONS, INVOICES AND BOARDING PASSES!

The tickets, booking confirmations and invoices **have to be in PDF** (you can save your email as a PDF or download the invoice from the airline site/travel agency site). **Screenshots** are ONLY ACCEPTABLE FOR **BOARDING PASSES**.

BEWARE: IF YOU'RE MISSING ANY DOCUMENT, THAT PART OF THE TRIP CANNOT BE REIMBURSED.



TRAVEL REIMBURSEMENT

To calculate your travel reimbursement, you should use the [Erasmus+ Distance Calculator](#). The maximum amount reimbursable is based on the distance in kilometres and your way of travelling.

KILOMETRES	NON-GREEN TRAVEL (plane)	GREEN TRAVEL (train, bus, carpooling)
10-99 kilometres	23EUR per participant	23EUR per participant
100-499 kilometres	180EUR per participant	210EUR per participant
500-1999 kilometres	275EUR per participant	320EUR per participant
2000-2999 kilometres	360EUR per participant	410EUR per participant

Non-green travelers have to travel on the **8th** and on the **17th**.

Green travelers may depart on the **7th** and arrive on the **8th**, and then leave on the **17th** to arrive on the **18th**. Also, if green travelers spend the night somewhere (say between the 7th and the 8th), the costs of food and accommodation are eligible for reimbursement, provided that the participants saves and hands in all the receipts to us and that they prove to have chosen low-cost hostels and food services.



TRAVEL REIMBURSEMENT

In order for **carpooling** to be **valid** for reimbursement, **at least 3 participants** have to be in the same car. To have your gas reimbursed, make sure to **refuel max. 1 day before** arriving in Slovakia and **max. 1 day after** leaving Slovakia. **Please save your gas receipts and know the technical information about the car.** Blablacar is also allowed, and it can be 1 person only. **Make sure to save receipts.**

NB: We suggest buying a travel insurance, but it is not eligible for reimbursement.

DO NOT PURCHASE ANY TICKET WITHOUT OUR APPROVAL.

When you have an **itinerary that follows the guidelines**, send it to **lukas@sytev.com** for approval. **Once approved, purchase it and upload the receipts in PDF to the Drive.**

Everybody will be reimbursed individually, except for Armenia: the sending organization will receive the total reimbursement and then send the individual amounts.

FREE TIME

This project will be all about spending time together, sharing moments and making experiences, especially being the accommodation pretty isolated. The whole hotel will be reserved for the project and we will be the only guests - however, the participants are still required to respect each other and behave properly.

The outside area is full of green and tables to chit-chat. There will be board games for everybody to use during the breaks or after dinner. The hotel also has a **sauna** and a **jacuzzi**. To use them, you need to be 5 people, ask the reception one day before, and book at least 4 hours of use (3 hours to prep the room obligatorily, 1 hour for use). The cost per hour is 25EUR, coming up to a total of 100EUR or 20EUR per person.



CLOSEST FACILITIES

The closest facilities such as supermarkets, hospitals, police stations, pharmacies, etc., are located in Čadca, the closest bigger town. In virtue of this, **make sure to have everything you might need before you get to the accommodation!** In case of emergencies, the organizers will do their best to provide what needed or take somebody to the main facilities. If any participant comes by car and they want/need to get something in the city, they are allowed to do so during lunch break or after dinner, **given that they will be back as soon as they got what needed.** During the project time, the participants are required to stay in the area of the accommodation.

PROJECT RULES

- Participating in the whole duration of the project, except illnesses
- Discrimination of any kind will not be tolerated
- Appropriate behavior
- Speaking English at all times when not in national groups
- No smoking/vaping indoors
- Alcohol is strongly not recommended

Systematic violation of the abovementioned rules will result in the cancellation of the travel reimbursement for the participant(s) involved.



Co-funded by the
Erasmus+ Programme
of the European Union



Youthpass



YouthPass is a certificate recognizing your learnings from any Erasmus+ mobility.

It is a formal recognition tool developed by the European Union and is used all throughout Europe.

There are two parts:

- **The first part gives the overview of the activity, activity type, and you.**
- **The second part gives you the space to reflect on your learnings through the 8 key competencies for lifelong learning.**

After the activity, you will receive the first part of the activity with the organizer's signatures and later you will be invited to (this part is not mandatory but highly recommended) fill out the second part by reflecting on the experience by yourself.

This certificate will allow you to develop your reflection skills as well as help you in your academic and professional endeavors. Hold on to them and don't forget to submit them in an interview or application.

For more information on YouthPass. [click here](#)

For more information on the 8 key competencies for lifelong learning, [click here](#)



WHAT WE EXPECT FROM YOU

Before the Project

- Open communication in a timely manner
- Willingness to green travel, if applicable
- Paying attention to the shared information
- Inform us/your team leader about any necessities for your participation
- Preparation for the Intercultural Nights
- A list of energizers (at least 2)

During the Project

- Contribute with your ideas
- Cooperate with the participants and the organizing team
- Be participative in the sessions
- Be active on social media with stories, posts, reels tagging @trinaqueeria, @sytev, @europeancommission and your sending organization
- Openly communicate with the trainers in case of need

After the Project

- Engage in a local campaign
- Share your newfound knowledge
- Share your experience with your sending organization, friends, and family
- Join the online closing meeting
- Make posts about the project and tag @trinaqueeria, @sytev, @europeancommission and your sending organization both in the post and in the description!



PREPARING FOR THE ROAD

BEFORE COMING

- Check that your ID card/Passport is valid for at least the next 6 months
- Buy health insurance or take your European health insurance card
- Ensure you have an adequate supply of any medication you regularly take
- Exchange some money in your country of origin if your currency is not EUR. 50EUR is the average amount suggested
- Get ready for an incredible adventure!

WHAT TO BRING



passport/
ID and HEALTH
INSURANCE CARD!



layered
clothing



comfortable
shoes



medication



extra data



needed hygiene
products (shampoo,
shower gel,
hairdryer,
toothbrush and
toothpaste...)



money for
personal
expenses



food, flag, traditions and
other items from your
country/ies for the
Intercultural Nights



openness &
smiley face

INTERCULTURAL NIGHTS



By definition, “youth exchanges allow groups of young people from different countries to meet, live together and work on shared projects for short periods”. In virtue of this, most youth exchanges include one or more nights called “Intercultural Night(s)”. As the name itself says, these events encompass sharing information, tips, and tricks about one’s culture.

We can’t wait to have intercultural nights during our Youth Exchange! For this, make sure to bring some items from your country, particularly:

1. **Food***
2. **Flag***
3. **Games**
4. **Songs**
5. **Presentations**
6. **Dances**



And whatever else you want to represent your country with!

If you’re coming from a specific region and would like to showcase that, feel free to do so! However, also stick to the country your region is part of. Also, if you’re a non-national of a country and would like to represent also your country of origin, feel free to showcase both!

NB: you won’t be able to cook at the hotel, as the kitchen is for staff members only. However, a microwave and a small fridge will be available for the participants to store or quickly cook something.

Please bring ready-to-eat food and beware that it’s very improbable that you’ll be able to buy something at the supermarkets.

***obligatorily**



CONTACTS

General questions



Andrea Antonio Orlandi

Founder and project manager - Trinaqueeria

trinaqueeria@gmail.com

+393805959002

Logistical questions



Bianka Fusekova

Project Manager - Sytev

erasmus@sytev.com

+421915088687

Ticket approval and logistical questions



Lukáš Hrošovský

Founder - Sytev

lukas@sytev.com



Funded by
the European Union





Funded by
the European Union



See you in Slovakia!

supported by



STATUS **M**

